



- Post:** **Health Care Assistant**
(working across our Day Opportunities Service and Home Care Service)
- Location:** the Rainbow Centre in Penley and/or Marchwiell as well as providing home care in the surrounding areas
- Supervised by:** Home Care Manager, at the Rainbow Centre
- Pay:** £9.50 an hour (within the hours of 7am – 6pm Monday to Friday)
£10 an hour (after 6pm, weekends and bank holidays)
- Mileage:** 0.35p per mile (paid from location of first visit until last call)
- Hours:** PT and FT hours available, weekends required on a rota basis.
Two week rolling rota.
- Employee benefits:** Great rates of pay – we are a living wage employer.
Paid travel, holiday pay and pension scheme.
Uniforms and mobile phone provided.
Full training and support given.
Access to our Employee Assistance Programme.
Job satisfaction and no rushed visits.
Supportive team environment.
- Contract:** **Fixed term contract**
- Closing date:** if you think you have the right personal skills for the role,
please apply directly and we will get back to you within 2
weeks to arrange an interview date.

About the Rainbow Centre

Now in our 27th year, the Rainbow Centre is an award-winning local charity which successfully works to improve the Health and Wellbeing of our rural communities. We believe in a society where all older people can be treated with respect and live fulfilled lives. We promote independent living, positive ageing and have an excellent

reputation for high quality services. In 2020 we won the Social Care Wales Accolade 'working with and listening to people with dementia'.

Our award-winning Day Opportunities Service has been running for over 25 years and has an excellent reputation across the area and more widely across Wales. Whilst some of our Day Opportunities services users are still very independent and use our 2 centres as a social hub, we predominantly support older people who are frail, dealing with a physical disability, have an age related illness such as dementia, or those who are struggling to live independently. Most of our clients live alone or report feelings of loneliness and isolation.

Our new Home Care service, complements our Day Opportunities Service, and assists people to stay living in their own homes and to get the support they need to carry out daily tasks either within their own homes or within the local community.

All our services put the needs of our clients and staff at the forefront of what we do. As a charity we are driven by excellence above profits. No rushed visits (minimum of one hour). We strive for continuity of care. We are an accredited Real Living Wage employer and have an Employment Assistance Programme in place to support our staff's wellbeing.

If you would like to become a part of our successful and supportive Health Care Team then please contact Risha Newport for more details on 01948 830730 or send in your CV to apply.

To apply please send your CV to careers@rainbowcentrepnley.org.uk

Job Role

To be an active member of our Health Care Team to support the day to day delivery of:

- our busy Day Opportunities Service (sometimes referred to as day care) promoting independence and facilitating social interaction and running quality activities, and
- our Home Care service to further promote independent living.

You must be compassionate, and person centred at all times. With understanding of our service users who are predominantly older adults who are frail and may have dementia or cognitive impairment.

Role and required experience: Day Opportunities

- To assist in delivering a range of fun activities for our clients.
- Support in making and serving drinks and snacks, serving lunch meals, and clearing up.
- Offer 1-1 support and care in line with care plans and risk assessments.
- To assist clients, as needed, eating, toileting, mobilising, and getting into and out of transport. Some clients access a weekly bathing service and day centre staff are required to meet this personal care need.
- To help in meeting the personal care and support needs of clients in a way that respects dignity and promotes independence both in the centre and on outings.
- Complete basic daily records within client files and on our IT system
- Good understanding of the needs of older people
- Awareness and understanding of Dementia/cognitive impairments.
- Good teamwork skills
- To actively participate in team meetings, supervision and undertake training as directed.
- Understanding of confidentiality
- To support the Home Care element of the business are required.
- Support with cleaning at the centre

Role and required experience: Home Care

- Supporting all aspects of personal hygiene in a way that respects dignity and promotes independence.
- Supporting with all aspects of medication
- Meal preparation
- Helping our clients move around their home.
- Ensuring administration & reporting is carried out for everyone under your care, we provide you with a phone and App to make this simple.
- Assist with shopping.
- To assist with cleaning at the person's home
- Offer 1-1 support and care in line with care plans and risk assessments and complete daily records.
- To escort the person out if they require to go shopping, an appointment etc.
- Good understanding of the needs of older people
- Awareness and understanding of Dementia/cognitive impairments.
- Good teamwork skills
- To actively participate in team meetings, supervision and undertake training as directed.
- Understanding of confidentiality

Post: Health Care Assistant

The Rainbow Centre, Whitchurch Road, Penley, LL13 0GB Telephone: 01948 830730